

# Lesson of The Day

Vocabulary: **foha** – to rest; take a break; retire

## **Tvshki cha foha.**

Lie down and rest.

## **Chekusikma foha la chi.**

I will take a break soon.

### **Word Meaning:**

**tvshki** (tahsh-kih) = to lie down

**cha** (chah) = and

**foha** (foh-ha) = to rest; take a break; retire

**chekusikma** (chic-koh-sihk-mah) = soon

**la** (lah) = I

**chi** (chehn) = future tense marker

*To see previous lessons visit the **Chahta Anumpa Aikhvna** (School of Choctaw Language) website at: [www.choctawschool.com](http://www.choctawschool.com)*